

Women's Legacy Fund Grant Distributions

2004

Focus-Education

Cinco de Mayo Scholarship Committee de Paso Robles - \$3,000

To support Bound for College, a college preparation program that targets 9th grade Latinas in the Paso Robles School District with tutoring, skill building, mother-daughter workshops, and college field trips in order to increase college attendance.

Soroptimists of San Luis Obispo - \$1,000

To support the Women's Opportunity Award. This award program identifies and awards head of household women from around the county who need financial assistance as they pursue education or skill building in preparation to re-enter the workforce

2005

Focus-Economic Independence

EOC Childcare Resource Connection - \$2,400

To conduct Early Childhood Education credited training for childcare providers focusing on infants and toddlers, which will increase quality childcare slots.

Mission Community Services Corporation - \$3,000

To support training costs for "From Vision to Venture", a 14-week self-employment training class for low to moderate income women.

Peoples' Self-Help Housing Corporation - \$600

To support a social worker to work with single mothers and their teenage daughters who reside at the Schoolhouse Lane Apartments affordable housing complex.

2006

Focus-Health

Community Counseling Center \$2,000

To support therapy services for women who are low income and uninsured.

Planned Parenthood - \$2,500

To support "Amiga a Amiga" which will recruit, train, and supervise teen Latinos to share family planning and reproductive health information and referrals with high-risk peers toward the prevention of teen pregnancy and sexually transmitted infections.

Women's Shelter of SLO County - \$3,000

To fund start-up of "Safe and Sober" support groups for women struggling with depression/anxiety and substance abuse issues.

2007*Focus-Women and the Social Environment***Central Coast Commission for Senior Citizens - \$450**

To fund Healthcare ID Program facilitating timely and appropriate care for persons with memory impairment.

Sexual Assault Recovery & Prevention Program - \$2500

To help fund a Women's Empowerment and Self Defense Program supporting self-defense and empowerment workshops for women and girls.

SLO Legal Alternatives - \$2000

To fund a restraining order program providing restraining orders for senior women clients who are victims of elder abuse.

Transitional Food & Shelter, Inc.- \$2000

To fund a Motel Voucher/Apartment Program providing shelter for medically frail or disabled homeless women.

2008*Focus-Women's Role in Society***Big Brothers Big Sisters - \$3,500**

“Nipomo High School Bigs Mentoring Initiative” to support a new program utilizing high school girls to mentor elementary school girls in Nipomo.

EOC of SLO County - \$2,500

“Y-CARE? Peer Education Project” to develop teen leaders and educators focused on reducing teen pregnancy, sexually transmitted infections and HIV disease.

Sexual Assault Recovery & Prevention Center - \$2,500

“Girls Empowerment After-School Enrichment Program” to empower middle school and high school girls through awareness, assertiveness and physical skills.

SLO County Child Abuse Prevention - \$1,500

“Strengthening the Family” to support mentoring groups for women on probation to develop their roles as parents.

2009*Focus-Women and Economic Independence***Community Action Partnership of SLO County-\$1,500**

“North County Self-Sufficiency Project for Women” to assist the region’s unemployed homeless women in preparing for job interviews and entering the workforce by providing them with bus tokens and vouchers to receive clothing and a haircut.

Transitional Food & Shelter Program - \$4,000

“Emergency Shelter for Medically Disabled Homeless Women” to provide 238 shelter nights for homeless medically fragile women and their families.

Women's Shelter Program of SLO-\$2,500

“Women's Self-Sufficiency Program” to address the financial planning and management needs of domestic violence victims in order to better secure these individuals' safety, self-sufficiency and economic independence.

2010*Focus – Women and Education***American Association of University Women-SLO - \$1,500**

To provide 2 scholarships for girls to attend Tech Trek—an AAUW Statewide science and math camp for girls.

Avila Beach Sea Life Center - \$3,500

To underwrite a new one-week marine science camp for girls ages 12-16 to be implemented in June 2011.

Big Brothers Big Sisters - \$3,000

To support girls through a School-Based Mentoring Program pairing 30 high school and college aged mentors with elementary school students.

2011*Focus – Women and Health***ALPHA Pregnancy Counseling & Family Support Center - \$1,500**

To support outreach and educational resources in English and Spanish for the Post-Partum Depression Support Line.

North County Women's Shelter & Resource Center - \$3,000

To provide Individual and Group Counseling for women and their children who are survivors of domestic violence and residing in shelters.

Sexual Assault Recovery & Prevention Center - \$2,000

To support the Sexual Assault Counseling Program to restore individuals to a level of functioning that predates the assault through a process of empowerment and risk-reduction education

SLO County Child Abuse Prevention Council - \$1,500

To launch Beginnings Shared Leadership, a pilot project targeting mothers in substance use recovery, which will hone their leadership, communication and team-work skills to serve as a Beginnings Community Representative.

Women's Shelter Program of SLO - \$2,000

To provide mental health counseling for female domestic violence victims.

2012*Focus – Basic Needs***ALPHA Pregnancy Counseling & Family Support Center - \$1,500**

The Community Foundation San Luis Obispo County
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To assist 400 low-income mothers with emergency-need for diapers for Newborns & up to one-year olds.

Assistance League - \$3,000

To support Sue's Stars – a program providing school clothing for 7th and 8th grade students which will assist 30 girls from low-income families

North County Women's Shelter - \$1,500

To provide childcare for mothers residing in shelters so they can attend counseling, case management and other appointments in order to achieve self-sufficiency

Transitional Food & Shelter - \$4,000

To provide 258 shelter nights of temporary, emergency shelter for homeless women and girls in medically fragile families

Tenth Anniversary Impact Grant (2012)

CAPSLO - Child Care Resource Connection - \$41,075

To support Business Management Training for Child Care Providers through group training for English and Spanish speaking child care provider business owners who currently operate family child care homes or center-based programs. These will be followed by individualized consultations and assistance provided by CCRC staff.

2013

Focus- Economic Independence

Community Action Partnership Child Care Resource Connection - \$5,160

To nurture quality child care with rich educational curriculum in the sciences and math. Fifteen child care providers will be trained in "Mighty Math" to build mathematic skills in home-based child care programs.

Peoples' Self-Help Housing - \$9,600

To hire an educator for two years to provide quality after school care and education for an additional 20 K-5 children in the Canyon Creek Apartment complex in Paso Robles.

Women's Shelter Program of SLO County - \$5,240

To support the "Economic Independence Program" for female domestic violence victims, providing job skills development and financial literacy education.

2014

Focus- Education (\$25,000 total)

Big Brothers Big Sisters - \$5,000

To support approximately 25 Latina elementary and high school students' participation in the Nipomo School-Based Mentoring Program.

Bakari Project at Cal Poly - \$7,500

To develop and implement a year-long college preparation component for 18 at-risk and under-served SLO County high school females.

Paso Robles Housing Authority - \$1,500

To support job training for girls and young women in the Youth Works after-school and summer programs.

SLO County Child Abuse Prevention Program -\$6,000

To provide three Promotoras with role models/mentoring and financial assistance to attend college preparation classes and to participate in college re-entry programs.

UC Cooperative Extension SLO County - \$5,000

To increase opportunities for 40 Latina youth and adult mentors in SLO County to enrich their science and leadership skills through “SLO Scientists” and participate in the annual Leadership, Education and Development Conference.

2015

Focus – Mental Health (\$31,820 total)

Big Brothers Big Sisters - \$5,000

To enhance self-esteem for Latina elementary school girls through their partnering with high school and college aged role models in the Nipomo School Based Mentoring program.

Community Counseling Center - \$5,000

To provide therapy for low-income women and girls through individual and group therapy strategies. Services will be targeted toward college aged young adults, adolescents (ages 14-17), Latinas and older women age 65+.

RISE - \$5,000

To provide no/low cost, individual and group counseling by MFT therapists to sexual assault/abuse and intimate partner violence survivors and their loved ones.

South County Youth Coalition - \$6,820

The Latina Empowerment Program, to train current bilingual, bicultural community health educators to assist other Latinas in the Oceano community to recognize mental health issues and connect them with mental health resources.

Women’s Shelter Program - \$10,000

To address depression and stress in traumatized Spanish-speaking domestic violence victims through peer-driven, culturally competent counseling services.

2016

Focus – Girls Self-Esteem and Empowerment (\$55,000 total)

Community Action Partnership of San Luis Obispo County - \$15,000

Single year program providing support for collaboration with Soroptimist International of San Luis Obispo to implement a one-year self-esteem building program, **Dream It, Be It**, to increase positive Identity Assets in girls.

Boys & Girls Club of North SLO County - \$40,000 over three years

This three-year plan to strengthen and expand the current Boys & Girls Club of America SMART Girls curriculum. The program is structured to include education on healthy lifestyles, relationship management, and sexual health and peer pressure bullying, which is in congruence with WLF priorities.

2017

Focus – Girls Self-Esteem and Empowerment (\$45,000 total)

Big Brothers Big Sisters School Based Program in Nipomo - \$10,000

To support “Girlstart” STEM curriculum to Nipomo Elementary girls with high school and college students mentoring once per week for one year.

Boys & Girls Club of South San Luis Obispo County - \$15,500

To support 12-month mentorship programming through SMART Girls Curriculum with Cal Poly Students using SMART Girls curriculum targeting 40 girls ages 8-16 from Lucia Mar School District.

Affordable Housing Paso Robles Oak Park Coding Club - \$4,000

To support an after-school coding and application building program for girls in 4th through 10th grade from a low-income neighborhood in Paso Robles. Girls will meet once per week with mentoring by college engineering students.

French Hospital Medical Center Foundation - \$15,500 over 2 years

To support 16 Dove Girl’s Self Esteem Workshops being offered at two San Luis Obispo schools (Pacheco and C.L. Smith) to 192 girls ages 8-12 from low-income families to build body confidence and self-esteem.

2018

Focus – Girls Self-Esteem and Empowerment (\$65,000 total)

RISE San Luis Obispo County - \$40,000 over 2 years

To support funding for the Sexual Assault & Domestic Violence Counseling Program that provides no cost therapy to survivors of sexual assault/abuse and intimate partner violence. Projected that 130 girls under the age of 18 will receive small group and individual counseling services.

Peoples’ Self-Help Housing - \$25,000

Funding for C.E.L.E.B.R.E. (College Enrollment for Latinas Entering Bright Rewarding Educations) program that will pair 25 community volunteer mentors with 25 low-income Latina girls with a focus on college preparation.

2019

Focus – Girls Self-Esteem and Empowerment (\$60,000 total)

Boys & Girls Club of North SLO County - \$10,000

Funding to continue a fourth year of the current SMART Girls curriculum. The program is structured to include education on healthy lifestyles, relationship management, and sexual health and peer pressure bullying for two ages groups of girls, ages 8-12 and ages 13-17.

Boys & Girls Club of South San Luis Obispo County - \$10,000

To support another year programming through SMART Girls Curriculum with Cal Poly Students using SMART Girls curriculum targeting 40 girls ages 8-16 from Lucia Mar School District.

Community Action Partnership of San Luis Obispo County, Inc - \$10,000

To support Dads with Daughters program which offers fathers/father figures with daughters Parent Café curriculum in three groups of 8 sessions in English and Spanish countywide. Topics will include child development; positive parenting and communication skills; key principles of raising daughters; co-parenting; peer support; and community resources.

French Hospital Medical Center Foundation - \$7,500

To support Dove Girl's Self Esteem Workshops being offered at 10 San Luis Obispo county schools to approximately 240 girls ages 8-12 from low-income families to build body confidence and self-esteem. This includes a weeklong self-esteem workshop and a monthly self-esteem support groups.

Peoples' Self-Help Housing - \$20,000

Continued funding for CELEBRE (College Enrollment for Latinas Entering Bright Rewarding Educations) which coordinates students, family, and program staff in support of participants' academic progress and matches students with mentors who work one-on-one, providing support needed by first-generation college enrollees.

Transitions-Mental Health Association - \$2,500

Youth Treatment Program residential treatment program for girls ages 12-18. An 8-week program that incorporates the Be Body Positive Model Curriculum, yoga and journaling.

2020

Focus – Girls Self-Esteem and Empowerment, Women's Financial Stability (\$65,000 total)

Community Action Partnership of San Luis Obispo County - \$20,000

CALM (Cultivating Awareness, Living Mindfully) Project

To support young women at Nipomo High School but using a small-group health coaching curriculum to teach strategies for overcoming adversity and building resiliency. Participants will work with a CAPSLO Health Educator and their peers to learn skills for identifying and managing emotions like stress and depression, develop positive support systems, and serve as role models to peers and family members using the Mind Matters curriculum from the Dibble Institute.

RISE - \$20,000

To support funding for the Sexual Assault & Domestic Violence Counseling Program that provides no cost therapy in both English and Spanish, to survivors of sexual assault/abuse and intimate partner violence.

SLO Noor Foundation - \$11,500

To support women's health and preventive care for uninsured women ineligible for government or employer coverage in San Luis Obispo County, by providing free primary, specialty, and supportive care including diagnostic testing and disease screenings for women from Hispanic and other at-risk backgrounds; prevention and chronic disease management through relevant

health education and healthy living tool provisions; and quality healthcare access through applied outreach and development efforts.

Aspire Academy - \$5,000

To provide at-risk girls, ages 14-17 years a learning environment that is free from gender discrimination and will foster greater confidence. The girls will learn about career paths that they might not otherwise be exposed to, as well as important topics such as financial responsibility, conflict resolution, positive influences, and situational awareness.

Emergency Relief Grant Winter 2020

South San Luis Obispo County Womenade - \$5,000

To provide urgent financial assistance to individuals and families struggling with meeting their rent/housing utilities and urgent needs not met by other traditional avenues. Most clients are below the poverty line and many are immigrants, have lost their jobs due to COVID19 and are having difficulty surviving.

2021

Focus – Girls Self-Esteem and Empowerment, Women’s Financial Stability (\$62,500 total)

Jack’s Helping Hand - \$20,000

To provide single mothers with children with special needs financial assistance and support with the responsibility of caring for a child with special needs independently. The program provides financial assistance to offset the costs of medical and travel expenses for 220 families in San Luis Obispo County. Of those families, 20% are being cared for by a single mother and 43% of those women are Latina.

Community Action Partnership of San Luis Obispo County - \$15,000

CALM (Cultivating Awareness, Living Mindfully)

To support young women at Nipomo High School but using a small-group health coaching curriculum to teach strategies for overcoming adversity and building resiliency. Participants will work with a CAPSLO Health Educator and their peers to learn skills for identifying and managing emotions like stress and depression, develop positive support systems, and serve as role models to peers and family members using the Mind Matters curriculum from the Dibble Institute.

People’s Self Help Housing - \$10,000

CELEBRE College Prep and Retention for First Generation Latina College Students is a free program that coordinates students, family, and program staff in support of participants’ academic progress and matches students with Latina women mentors who have graduated college and reached professional success to provide information, resources, and inspiration to first-generation college enrollees.

RISE (now Lumina Alliance) - \$10,000

To support funding for the Sexual Assault & Domestic Violence Counseling Program that provides no cost therapy in both English and Spanish, to survivors of sexual assault/abuse and intimate partner violence.

Friends Of Camp Natoma - \$5,000

To support the operations of Camp Natoma, a rustic, overnight experience for youth. Campers connect with the natural world through outdoor living and hands-on nature exploration, setting goals to try new things, express their creativity, develop self-esteem, foster cooperation, and interact with positive adult mentors.

Emergency Grant Relief Spring 2021**San Luis Obispo County YMCA - \$2,500**

To support Camp CARE (Childcare Assistance in Response to Emergency), a program which opened in 2020 to bridge the gaps created while schools were virtual, along with safe youth sports camps to be continued through Summer of 2020. The Summer camps also address learning loss affecting students reading ability, academic skills, and overall achievement which have the strongest impact on students in low income families who lack access to summer learning opportunities.